

Headache & Migraine: The Osteopathic Approach

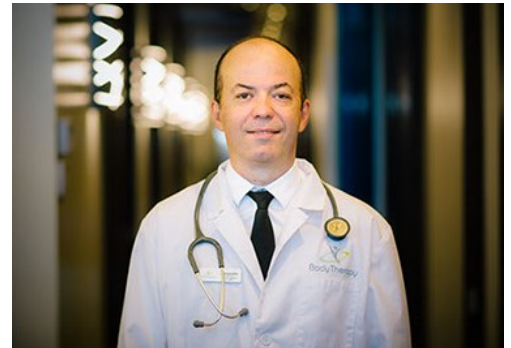


About the Instructor:

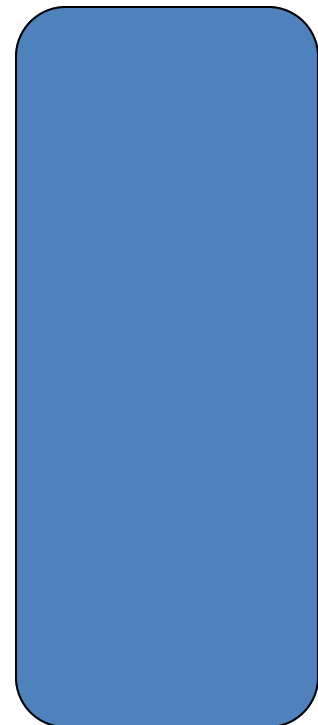
Alexandre Freire has over twenty years of experience in treating a wide range of injuries, and impingement conditions as well as treating people of all ages, from new-born children to centenarians. Working in both the public and private health care systems in Brazil, the U.S.A and now Canada his experience is extremely broad both culturally and professionally.

For over twelve years he has worked with the Madrid school of Osteopathy, as a professor and educator, He has attended Kirksville college of Osteopathic Medicine (the home of Osteopathy) and Andrew Taylor Still University where he was invited to lecture. Now a resident in Canada, he seeks to encourage others to discover and be encouraged to expand their knowledge of "the Osteopathic View" of treatment.

Alex's interests outside of Osteopathy and Physiotherapy include: spending time with his wife and children (10 and 1,4 years old), traveling and working out. He is a black belt in Karate and has learned about its philosophy, culture, and physical benefits which became part of his life.



Facilitator: Alexandre Freire



Course Information:

Upon completion of this two day workshop the participants will be able to identify and treat clients suffering with Headache and Migraine issues by utilizing both bio-mechanical and mobilization techniques that Alexandre has demonstrated and illustrated using the Osteopathic View. These include; How to mobilize the cervical spine to treat tension headaches and alleviate pain, how to mobilize the cranial sutures in order to improve the cranial bio-mechanical mechanism, how to assess and treat the vascular system in relation to headaches, and be able to apply specific clinical tests to help in determining the bio-mechanical cause of the pain.

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