



Thai Yoga Massage Table Format

Facilitator: Shawne Klassen

About the Instructor:

Shawne is a licensed and registered massage therapist practicing in Alberta Canada. He has practiced massage for 23 years and has been teaching Thai Yoga massage for the last **16 years**. After completing his massage therapy training in Calgary, Shawne traveled to Thailand where he studied under Thai massage masters at the Wan Dee School of Ancient Massage, Lek Chaia Massage School, and the Old Medicine Hospital, in Chiang Mai where he completed his internship. He also studied at Wat Pho in Bangkok, under the renowned Mr. Jan, one of the only living teachers, who practices the healing art of 'Southern style'. Due to his studies and retreats, Shawne has a deep understanding of the mental and physical techniques used in Thai yoga massage, and a profound knowledge of the spiritual aspects. As students, you will learn a lot from this generous and sharing therapist.

Course Information:

This program shifts the ancient art of Thai Yoga Massage from its traditional floor work on to the massage table. This technique allows the massage to intermingle with any other bodywork or to perform on its own practitioners can create individualized healing experiences by blending gentle stretching, acupressure and breath work in a rhythmic dance.

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