



## REMEDIAL MASSAGE THERAPISTS ASSOCIATION

### Research Protocol

Credits: Maximum of 15 credits per 3-year cycle be awarded to any RMTA member whose clinical and/or molecular research meets the following criteria: (3 credits per criteria met)

- 1) Provides evidence that informed consent was granted by the clients/patients/participants of the study and if the study is on animals, a copy of the appropriate licensure;
- 2) Spotlights the massage industry (for example but not limited to: efficacy of modalities to overall health and wellness, massage therapy accessibility, practice of therapists, RMT challenges and resources/funding available to support practicing therapists);
- 3) Demonstrates that material meets publication standards (included but not an exhaustive list: abstract/purpose, design/methods/study selection/data extraction, setting, results, discussion and conclusion), has formal bibliography and be defensible before a panel of peers and/or established researchers.
  - 3.1 The research should be clearly defined as either:
    - 3.1.1 Observational (i.e. survey, case control or cohort);
    - 3.1.2 Intervention based (i.e. randomized control trial);
    - 3.1.3 Systematic Review and meta-analyses.
- 4) Employs necessary measures to avoid validity threats (for example but not limited to: accurate data, blinding to avoid observer bias, large sample, population representative and randomized).
- 5) Gets published in an academic capacity.