



St. John Ambulance

SAVING LIVES
at work, home and play

Prepared for



Remedial Massage Therapists Association members receive 10% off the following courses!

Standard First Aid - CPR C & AED RMTA Price \$135!*

This two-day course covers all the skills in Emergency First Aid plus first aid for other injuries and illnesses including head and spinal injuries, fractures of the upper and lower limbs. This course includes Level C CPR training and certification (Adult, Child, Infant, and 2-rescuer resuscitation) and AED training and certification.

Standard First Aid - Level C CPR Recertification RMTA Price \$135!*

This 1-day recertification is a challenge of the Standard First Aid course content and requires the student to demonstrate essential skills as well as pass the theoretical exam. This challenge is open to those who have a current Standard First Aid certificate from an Alberta OH&S approved program -- with Level A or C CPR and with AED. If the certificate is from out-of-province then a full course must be taken.

The recertification is intended for those who use their First Aid skills on a regular basis and are able to demonstrate their competency in all required skill areas. Unsuccessful candidates will be required to take a full course at their cost; there are no refunds or re-tests.

...and 20% off first aid kits!



With first aid kits geared to sports, vehicles, workplace and home, there's a kit for everyone.

The recWorkplace kits meet Alberta OH&S requirements. You can get your workplace kits and refills from your local St. John Ambulance centre

Family First Aid Kit RMTA Price \$24!**

At home or at the cabin, this kit contains the essential materials to deal with large, medium and small-sized wounds, as well as burns.

Sport First Aid Kit RMTA Price \$24!**

From splints to cold compresses, this kit contains the necessary first aid supplies to deal with sports injuries. Coaches and trainers will appreciate its compact size - easy to add to a gym or sport bag.

Vehicle First Aid Kit RMTA Price \$19.20!**

Perfect for any vehicle, this kit holds the necessary items to handle first aid on the road. Includes an SOS signal sign.

*Regular price \$150, cannot be combined with any other offer. **Family and Sport first aid kit regular price \$30, Vehicle kit regular price \$24. Charitbale Registration number 88725 4035 RR0001

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