

GoodLife
CORPORATE WELLNESS



RMTA

has invested in your health & wellness to offer all of our members Corporate Wellness Memberships at a reduced price!

Contact the office directly at info@rmta.ca for more information!

- Significant savings off regular GoodLife Fitness membership rates
- Access to over 280 GoodLife Fitness Clubs across Canada including 50 Energie Cardio Clubs in Quebec
- Corporate rate extended to 4 additional family members
- State-of-the-art cardio equipment
- All free weights and weight machines
- World-renowned Group Fitness classes
- Professionally trained staff to assist you in achieving your goals
- Towel Service (where available, except Energie Cardio)
- Child minding (available at an additional fee)
- Seeking a health or fitness assessment? Ask the club about a LifeChanger
- 24 hour locations (select clubs only)
- Access to the GoodLife Fitness Member Advantage Program - savings and special offers from over 100 popular brands

[Visit GOODLIFEFITNESS.COM](http://GOODLIFEFITNESS.COM)

[Visit ENERGIECARDIO.COM](http://ENERGIECARDIO.COM)

