



**St. John Ambulance**

**SAVING LIVES**  
at work, home and play

Prepared for



**Remedial Massage Therapists Association members receive 10% off the following courses!**

**Standard First Aid - CPR C & AED RMTA Price \$135!\***

This two-day course covers all the skills in Emergency First Aid plus first aid for other injuries and illnesses including head and spinal injuries, fractures of the upper and lower limbs. This course includes Level C CPR training and certification (Adult, Child, Infant, and 2-rescuer resuscitation) and AED training and certification.

**Standard First Aid - Level C CPR Recertification RMTA Price \$135!\***

This 1-day recertification is a challenge of the Standard First Aid course content and requires the student to demonstrate essential skills as well as pass the theoretical exam. This challenge is open to those who have a current Standard First Aid certificate from an Alberta OH&S approved program -- with Level A or C CPR and with AED. If the certificate is from out-of-province then a full course must be taken.

The recertification is intended for those who use their First Aid skills on a regular basis and are able to demonstrate their competency in all required skill areas. Unsuccessful candidates will be required to take a full course at their cost; there are no refunds or re-tests.

**...and 20% off first aid kits!**



**With first aid kits geared to sports, vehicles, workplace and home, there's a kit for everyone.**

The recWorkplace kits meet Alberta OH&S requirements. You can get your workplace kits and refills from your local St. John Ambulance centre

**Family First Aid Kit RMTA Price \$24!\*\***

At home or at the cabin, this kit contains the essential materials to deal with large, medium and small-sized wounds, as well as burns.

**Sport First Aid Kit RMTA Price \$24!\*\***

From splints to cold compresses, this kit contains the necessary first aid supplies to deal with sports injuries. Coaches and trainers will appreciate its compact size - easy to add to a gym or sport bag.

**Vehicle First Aid Kit RMTA Price \$19.20!\*\***

Perfect for any vehicle, this kit holds the necessary items to handle first aid on the road. Includes an SOS signal sign.

**Calgary**

7236-10 Street NE  
Calgary, AB  
T2E 8X3  
Tel. (403) 250-2922  
Fax: (403) 250-3224  
calgary@stjohn.ab.ca

**Edmonton**

Main floor, 12304-118 Ave  
Edmonton, AB  
T5L 5G8  
Tel. 780 452-6161  
Fax 780 453-1632  
edmonton@stjohn.ab.ca

**Fort McMurray**

2nd floor, 20 Riedel Street  
Fort McMurray, AB  
T9H 3E1  
Tel. 780 743-0991  
Fax 780 791-2465  
fortmcmurray@stjohn.ab.ca

**Grande Prairie**

8815-109 Street  
Grande Prairie, AB  
T8V 8H7  
Tel. 780 532-1012  
Fax 780 532-0484  
grandeprairie@stjohn.ab.ca

**Lethbridge**

1254 3 Avenue S  
Lethbridge, AB  
T1J 0J9  
Tel. (403) 327-2847  
Fax (403) 327-2852  
lethbridge@stjohn.ab.ca

**Medicine Hat**

346 4 St SE  
Medicine Hat, AB  
T1A 0K2  
Tel. (403) 528-3292  
Fax (403) 528-4019  
medicinehat@stjohn.ab.ca

**Red Deer, AB**

6519-67 Street T4P 1A3  
Phone: (403) 342-7744  
Fax: (403) 342-0222  
reddeer@stjohn.ab.ca

\*Regular price \$150, cannot be combined with any other offer. \*\*Family and Sport first aid kit regular price \$30, Vehicle kit regular price \$24. Charitbale Registration number 88725 4035 RR0001